



Happy New Year

Sun	Mon	Tue	Wed	Thu	Fri	Sat
“JUST” PEOPLE, INC. JANUARY 2021 NEWSLETTER					1 Day Group Fun 11-3 pm Zoom 2-3pm Movie 7-9 pm	2 No activity! Happy Bday Deangelo F
3 Great Day to take down Christmas decorations!	4 Day Group Fun 11-3 pm Zoom 2-3pm	5 Show & Tell & Lunch 11-3 pm Happy Bday Beth S & Curtis B	6 Day Group Fun 11-3 pm Horseback Riding 11-1 pm Zoom 2-3pm	 7 Fernbank 11-2 pm Happy Bday Melody H, Micah, Laura C & Tiana	8 Day Group Fun 11-3 pm Zoom 2-3pm Movie 7-9 pm	9 NY Eve Party 6-9 pm Happy Bday Rodrick
10	11 Day Group Fun 11-3 pm Zoom 2-3pm Happy Bday Laronda	12 Wild Wings 11-2 pm MH Group 6-8pm	13 Day Group 11-3 pm Horseback Riding 11-1 pm Zoom 2-3pm Happy Bday Clinton, Holly H, Sarah & Deon	14 Studio Movie Grill 11-3 pm Happy Bday Alex P & John B	15 Day Group 11-3 pm Zoom 2-3pm Movie 7-9 pm Happy Bday Kristen & Kieran	16 Happy Bday Derek R 
17 Movie 1-4pm Happy Bday Keke 	18 Day Group Fun 11-3 pm Zoom 2-3pm	19 Lilburn Art Center 11-3 pm	20 Day Group Fun 11-3 pm Horseback Riding 11-1 pm Zoom 2-3pm ILP 6-9 pm	21 Dave & Busters 11-3 pm	22 Day Group 11-3 pm Zoom 2-3pm Movie 7-9pm Happy Bday Alli- son G & Julie D	23 Bingo & Burgers 5-8 pm Happy 50th Kevin & Becky!
24	25 Day Group Fun 11-3 pm Zoom 2-3pm Happy Bday David M, Brett W, Hayden N & Randall H	26 Stars & Strikes 11-3 pm Happy Bday Thomas O & Beldon H	27 Day Group 11-3 pm Horseback Riding 11-1 pm Zoom 2-3pm Happy Bday Natalie J & Ed S	28 Casino Party 11-3pm Happy Bday Bran W	29 Day Group Fun 11-3 pm Zoom 2-3pm Movie 7-9pm	30 Karoake & Chili 5-8 pm
31 Happy Bday Russ C, Corbin M & Brittany & Tiffany M	Please don't forget to RSVP to the JP Office! Call: 770-441-1188 Text: 770-480-7511 Email: jpeople99@aim.com Or Log on to the JP App to RSVP					

"JUST" PEOPLE, INC.

JANUARY 2021 NEWSLETTER



HAPPY JANUARY BIRTHDAYS

TO THE FOLLOWING:

Jan. 2nd	Deangelo Flamer
Jan. 5th	Beth Stone
Jan. 5th	Curtis Baldwin
Jan. 7th	Micah Posey Pearson
Jan. 7th	Melody Hiett
Jan. 7th	Laura Coffman
Jan. 9th	Rodrick King
Jan. 11th	Laronda Moore
Jan. 13th	Danielle Arogetti
Jan. 13th	Clinton McKinney
Jan. 13th	Holly Hedgecock
Jan. 13th	Sarah Adams
Jan. 13th	Deon Haywood
Jan. 14th	Alex Proctor
Jan. 14th	Jon Biasini
Jan. 15th	Kieran Brown
Jan. 15th	Kristen Brown
Jan. 16th	Derek Roeder
Jan. 17th	Keke Sims
Jan. 22nd	Julie Doyal
Jan. 22nd	Allison Gee
Jan. 25th	Randall Haney
Jan. 25th	David Mitchell
Jan. 25th	Hayden Nash
Jan. 25th	Brett White
Jan. 26th	Thomas Oshaughnessy
Jan. 26th	Beldon Hill
Jan. 27th	Ed Southerland
Jan. 27th	Natalie Johnson
Jan. 28th	Bran Wood
Jan. 31st	Russ Chorba

THANK YOU!

So many families and friends have made contributions to the Christmas Wish List. Over 20 people were adopted, over 200 received an apartment gift, a shirt and a JP mask. An additional 25 were funded for the wish list, another 30 received a gift for Christmas Morning- as we had many who did not go home due to COVID. Staff were also presented with a nice gift set.

Families donated food and made contributions to the food for Christmas Eve, Christmas morning and Christmas night.



THANK YOU SO MUCH FOR MAKING THIS HOLIDAY

CRUISE 2021 UPDATE

The plan is still on- unless we hear otherwise. We have over 65 signed up and many paid in full! There is still time to sign up for Hawaii 2021 - May 29th is our leave date!



Everyone cross your finger and toes, say an extra prayer- whatever it takes to get us on that ship!

IN OUR THOUGHTS & PRAYERS

Anna Kate Smith's mother, Cindy, passed away after a year long battle. Her legacy will continue through a holiday party held in Hall with her closest friends.

Hayley Bradfields Grandfather passed. He was 93.

Barry Battisti's mother passed away in her sleep. She was 93.

Our thoughts and prayers go out to everyone during this difficult time. Losing someone at the holidays is very challenging. We all love and support each of you— and are here when you need us!

LOG ON AND CHECK US OUT!

We have updated our website!



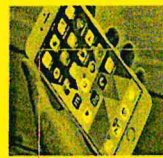
www.justpeople.org

You can make payments online, watch tons of free videos, get live updates and see what is going on at the JP office! This is a great way to JUST CONNECT with your friends and your family member!



THANK YOU!

We were excited to have Sister Kay join us at ILP! Felicia has had a really hard time adjusting to COVID and hasn't been to ILP or the office since march! Special thanks to Kim's mom, Felicias friends and the JP Staff in Hall for working so hard to get her here for Christmas!



THE JUST PEOPLE APP

Have you downloaded the New JP App?

Your log in information is:

Firstname.lastname@jp.com

Password: 123456

Check it out— families will be able to join after the new year!

We are excited about how technology is pushing us forward and are happy about the new ways we can track ourselves, improve our goals and be in charge of our own lives!

JP ACHIEVES!

Donald Arnette completed an entire unit on money management and was awarded a \$25 gift card!

Katy Wilson & Lisa Kamison have completed every worksheet in their at home packets!

Curtis Baldwin was the Spanish student of the week!



DAY PROGRAM FUN—JOIN US & TRY IT OUT!

Tuesday, January 5th Show & Tell & Lunch \$6.00

Fast food Tuesday— we will have subs from Jimmy Johns, Chips & a drink for lunch as we share fun stories about things we did over the holidays and show off new outfits or items! What was your favorite thing that you gave to someone else?

Thursday, January 7th Fernbank Science Center \$15.00

Fernbank will be open for us only! Get ready to check out all of the exhibits and have some science fun! Lunch will be a sack lunch provided by JP.

Tuesday, January 12th Wild Wings \$10.00

We have the whole place to ourselves and lunch! YAY! Lets go enjoy a nice lunch out for some wings and fries and fun!

Thursday, January 14th Studio Movie Grill \$12.00

Studio Movie Grill has been so awesome to us during COVID! We have the theater rented out and will be able to have lunch (cheeseburger, chicken, pizza or salad) and a popcorn and a drink in a safe setting!

Tuesday, January 19th Lilburn Art Center \$10.00

Lets head over to the Lilburn Art Center for a craft project— those staying at the Office will be completing an art project as well. We will have hot dogs for lunch.

Thursday, January 21st Dave & Busters \$25.00

We will be pulling out at 9:45 so don't be late— we will have plenty of time to play unlimited games and enjoy a nice lunch at our favorite place!

Tuesday, January 26th Stars & Strikes \$12.00

Lets head over to Stars and Strikes to bowl two games, have pizza for lunch and play an hour of unlimited arcade games!

Thursday, January 28th Casino Party \$5.00

This was so much fun a few months ago— lets do it again! Prizes will be cool and the fun will be amazing! Lunch will be a special treat! Dress up and get ready to WIN!



DAY PROGRAM SCHEDULE

**** CHOOSE WHERE YOU FIT & JOIN IN**

**Check the board or ask a staff or member and get ready for fun!*

Mondays



11:00
Dance with Diane
Walk/Exercise
JP Academy– Music, Reading, Art, \$\$

12:00
Lunch/ Cooking Class
Bistro Open

1:00
Games– Indoor/Outdoor
Video Gaming
JP Academy– Art

2:00
Zoom Music Monday
Thrift Sort/Job Skills
Word Search/ Brain Games

3:00
Clean up

Tuesdays

11:00
Cooking Prep
JP Academy– Music, Reading, Art
Activity Begins
Gym Rats

12:00
Lunch/ Cooking
Bistro Open

1:00
JP Academy
Coloring Contest

2:00
Zoom Spanish & Kelli Time
Pool Table Games
Walking

3:00
Day Activity Return
Daily Reflection

Ice Paints



Wednesdays

11:00
Master Eddie
JP Academy– Music, reading, Art, Money Management
Dance with Melinda
Exercise/ Walking: Gymrats

12:00
Lunch/Cooking Class
Bistro Open

1:00
Job Skills
Staff Meeting
JP academy– Art

2:00
Peer Support with Tiffany
ZOOM Weird Science
Thrift Sort/ Job Skills

3:00
Clean up
Daily Reflection

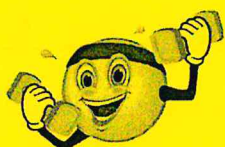
Thursdays

11:00
Cooking Prep
JP Academy– Music, Reading, Art
Activity Begins
Gym Rats

12:00
Lunch/ Cooking
Bistro Open

1:00
JP Academy
Coloring Contest

2:00
Zoom Bingo



3:00
Clean up
Daily Reflection

Fridays

11:00
Gym Rats
Exercise/Walking
Talent Show/Dance party
JP Academy– Music, Reading, Art, \$

12:00
Cooking Class or Fast Food Friday
Bistro Open

1:00
Games with Jessica
Pool with Lou
JP Academy– Art

2:00
Zoom Fit Frenzy
Thrift Sort/Job Skills

3:00
Clean up
Daily Reflection



JANUARY 2021 ACTIVITIES:



EVERY FRIDAY
IN JANUARY
ILP ONLY MOVIE NIGHT
TIME: 7-9 PM COST: \$5.00

Lets get together and watch a new release. Weather permitting we may be able to do this outside and enjoy the new firepits. Popcorn, a candybar and a drink are included.

SATURDAY, JANUARY
9TH

NEW YEARS PARTY
TIME: 6-9 PM
COST: \$ 10.00

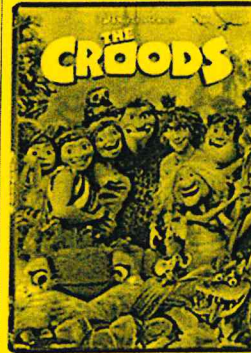


Get dressed up and lets say goodbye to 2020 and hello to 2021! We will have a DJ and lots of dancing and fun! Food will be finger foods and Becky's famous set up of delicious desserts! We will have a count down and a ball drop!

TUESDAY, JANUARY 12TH
MH GROUP
TIME: 6-8 PM
COST: \$12.00



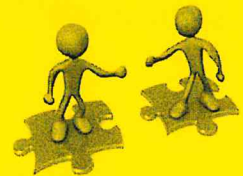
Lets go to dinner (Restaurant to be announced) at since we had to cancel in December. This is a great time to get together with others and share feelings, etc. We will be talking about the holidays and how we figured out managing things especially in this crazy time of COVID.



SUNDAY, JANUARY 17TH
AFTERNOON MOVIE
TIME: 1-4 PM
COST: \$15.00

Lets go to the Studio Movie Grill. The greatest part is that we are able to rent out the theater and stay safe! Lunch is included and a small popcorn and a drink. We will be going to see the movie, "The Croods: A New Age." there will not be any additional snacks available.

WEDNESDAY, JANUARY 20TH
ILP MEETING
TIME: 6-9 PM
COST: \$5.00



Its time for Spaghetti & Meatballs for dinner at ILP. We will be having some of Becky's famous meatballs and spaghetti sauce. We will make announcements, celebrate new jobs and January birthdays! We would like everyone to attend– just like you did for December! See ya soon!

JANUARY 2021 ACTIVITIES CONTINUED:

SATURDAY, JANUARY 23RD
HAPPY 50TH WEDDING
ANNIVERSARY TO
KEVIN & BECKY!



50 years! WOW! How lucky are we all to be a part of such a match! We wish you all many more years of love, fun and happy!

SATURDAY, JANUARY 23RD
BINGO & BURGERS
TIME: 5-8 PM
COST: \$10.00



This is such a fun event! Zoomers will be joining us! Bingo starts at 6 for Zoomers. We will have burgers and hot dogs, baked beans and mac and cheese for dinner followed by a low calorie peach cobbler (recipe will be on the youtube channel) for dessert!

SATURDAY, JANUARY 30TH
KARAOKE & CHILI
TIME: 5-8 PM
COST: \$8.00



Get ready to show your talents!

Covid has really helped us to move up in the Karaoke world. We will be having regular and chicken chili with Kenny's famous cornbread! This is a fun activity! Zoomers will also get a chance to perform online!

WHATS NEXT?

We are continuing to monitor the numbers, etc and trying to find fun things to do that keeps our exposure to a minimum. This is limited due to cost and rules.

We are planning on continuing Dave & Busters, Stars & Strikes, Studio Movie Grill along with our annual Valentines Dinner & Dance! If you have any connections or ideas, please post in the APP!



RECIPES TO MAKE & SHARE

VERDE NACHO CASSEROLE

INGREDIENTS:

- 1 lb lean ground beef
- 1 bottle verde salsa
- 3 cups tortilla chips
- 14 oz can refried beans
- 1 1/2 cups shredded cheese
- 1 can sliced black olives, drained
- 1/3 cup Ranch dressing
- 1/4 cup salsa
- 1/4 cup drained pickled jalapeno peppers



DIRECTIONS:

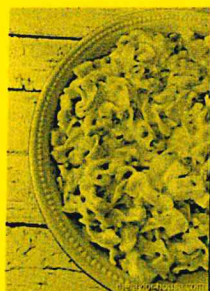
1. Heat oven to 350.
2. Brown meat in large skillet, drain. Return meat to skillet. Stir in verde salsa— cook 2-3 mins, stirring occasionally.
3. Spread chips on bottom of 13x9 inch baking dish sprayed with cooking spray, top with layers of beans, meat mixture, cheese and olives.
4. Bake 15-20 mins.
5. Mix dressing and salsa and drizzle over casserole. Top with peppers.

CREAMY BEEF & EGG NOODLE BAKE

INGREDIENTS:

3 cups eggs noodles, uncooked

- 1 lb ground beef
- 1 onion, chopped
- 2 cups frozen mixed veggies
- 1 can cream of mushroom
- 1 cup milk
- 1 1/2 cups shredded cheddar



DIRECTIONS:

1. Heat oven to 375.
2. Cook noodles according to package.
3. Brown meat with onions in skillet, drain.
4. Spoon noodles into 13x9 inch baking dish, top with meat and mixed veggies. Whisk soup and milk until blended, pour over veggies, top with cheese. Cover.

QUICK FIX BEEF & RICE

INGREDIENTS:

- 1 lb ground beef
- 2 cups frozen peas
- 2/3 cup condensed cream of celery soup
- 1/4 cup milk
- 1 clove garlic, minced
- 2 2/3 cups hot cooked instant white rice
- 1 cup shredded cheddar and Monterey jack cheese



DIRECTIONS:

1. Preheat oven to 350. brown meat in large skillet, drain.
2. Stir in peas, soup, milk, garlic & thyme. Bring just to boil.
3. Spread meat mixture onto bottom of 8 inch square dish. Top with rice. Sprinkle with cheese.
4. Bake 10 mins or until cheese is melted.

BEEF CASSEROLE

INGREDIENTS:

- 1 pkg tater tots (32 oz)
- 1 lb ground beef
- 3 cups frozen broccoli florets, thawed & drained
- 2 tomatoes, chopped
- 3 cups French fried onions
- 1 can cream of celery soup
- 1/3 cup milk
- 1/2 tsp garlic powder
- 1 1/2 cups shredded sharp cheddar



DIRECTIONS:

1. Heat oven to 400.
2. Arrange tater tots in single layer in 13x9 inch baking dish sprayed with cooking spray. Bake 10 mins.
3. Meanwhile, brown meat in large skillet, drain. Return meat to skillet. Remove from heat. Add broccoli, tomatoes and 1 1/2 cups onion, mix well.
4. Whisk soup, milk and garlic powder in medium bowl until blended. Stir in 1 cup cheese. Add to meat mixture, mix well. Cook until cheese is melted. Spoon over tater tots. Sprinkle with remaining cheese and onions.
5. Bake 20 mins.



MORE RECIPES TO MAKE & SHARE

STUFFED HONEY HAM BISCUITS

INGREDIENTS:

1 can flaky layer biscuits 8 slices swiss cheese
8 slices deli cooked ham 1/4 cup honey

DIRECTIONS:

1. Heat oven to 350 F. Spray cookie sheet with cookie spray.
2. Separate dough into 8 biscuits. Separate each biscuit into 2 layers, making total of 16 biscuits rounds. Fold each piece of cheese in half. Fold each piece of ham into fourths.
3. Place 1 folded slice of cheese and 1 folded slice of ham on 1 biscuit round. Top with other biscuit round. Firmly pinch edges to seal. Repeat with remaining cheese, ham, and biscuits to make 8 sandwiches. Place on cookie sheet.
4. Bake 15-20 mins. Remove from cookie sheet to serving plate. Drizzle honey over biscuits. Serve immediately.



CHICKEN NOODLE CASSEROLE

INGREDIENTS:

12 oz uncooked egg noodles 4 cups cooked chicken
2 cans cream of chicken 1 1/2 cups sour cream
1 cup shredded cheddar 2 cups frozen mixed veggies
Salt & pepper 1 cup bread crumbs
Cooking spray

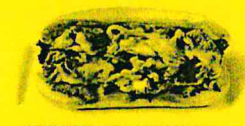
DIRECTIONS:

1. Heat oven to 350. Spray 13x9 inch baking dish with cooking spray.
2. Cook and drain egg noodles as directed on package, set aside.
3. In large bowl, mix 4 cups cooked chicken, 2 cans cream of chicken, sour cream, 1 cup cheese and 2 cups frozen mixed veggies. Add cooked noodles, stir to combine. Season with salt and pepper.
4. Spread into baking dish. Top with 1 cup bread crumbs, lightly spray top with cooking spray.
5. Bake 25-30 mins.

SHEET PAN PHILLY CHEESE

INGREDIENTS:

1 Can flaky buttermilk biscuits
1 medium onion, cut into slices
1 medium green bell pepper, cut into strips
8 oz pkg baby bella mushrooms
1/4 cup vegetable oil
2 tbs montreal steak seasoning
1 1/3 lb flank steak
1 cup shredded provolone and mozzarella cheese blend



DIRECTIONS:

1. Heat oven to 350. Bake biscuits as directed on can. Set aside.
2. Position oven rack 4 inches from broiler. Set oven to broil. Line sheet pan with heavy duty foil, spray with cooking spray.
3. In large bowl, toss onion, peppers, mushrooms, 2 tbsp vegetable oil and 1 tbs steak seasoning, mix. Transfer to sheet pan, allowing room for steak.
4. In same bowl, add 2 tbs oil and remaining 1 tb steak seasoning. Add steak, rub mixture onto steak, transfer to pan with veggies.
5. Broil 9-11 mins. Transfer steak to cutting board and cover with foil- let stand 5 mins. Stir veggies and return to oven for 3 mins.
6. Slice steak into strips. Return to pan with veggies, mix to combine. Top with cheese, return to oven 2 mins.
7. Split biscuits and top with beef, cheese and veggie mixture, top with remaining biscuit halves.

Name: _____

January Word Search



JANUARY
WINTER
NEW YEAR
RESOLUTIONS
MLK DAY

CELEBRATION
COLD
GLOVES
SNOWMAN
JANUS

GARNET
NEW START
JULIAN
GREGORIAN
WOLF MONTH



Letter from the Director:

January 2021

Happy New Year! As you all know last year was a tough one on all people so I pray that this year things will turn around for the best. I have explained to the group how fortunate we have all been. So many families have been quarantined with just their household and some even alone. Not to forget the numbers of Weddings, Funerals, Proms, Graduations etc. have had to be cancelled. We have been able to spend time together for months so that lonely feeling most people have has not impacted us to the same degree. We have become a more creative group and have learned so many more things about each other. Not to mention we have appreciated each other so much more. I think the hardest part for me was not being able to hang out with my children and grandchildren and to share "JP" traditions with all of you. (Our Anniversary Party, Summer Pool Parties, Open House, our Staff Children's Party and Family Holiday Dinners and so many other great events) This time has also been a good time to reflect on our lives, the wonderful people in it and the opportunities we have been given to enjoy our life. Thank you to all the staff that have worked so hard to make sure our individuals were taken care of and to the group for being so understanding and cooperative during this time. To those that have lost a family member or been sick during this period I am truly sorry, but you were in my prayers throughout the year. Let's all be optimistic that this year brings us so many wonderful surprises and chances to go back to normal, or atleast our New Normal. I look forward to seeing everyone again soon and I Wish all our members, staff, supporters and families a Happy New Year! And Happy 50th Wedding Anniversary to my best friend, protector, honey and daddy to my children Kevin. (January 23rd)

