



Happy New Year

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Don't Forget to RSVP on the JP App or to send in your RSVP paper to the JP Office.						1 Happy New Years!
2 Happy Bday Deangelo	3 Day Group Fun 9-4pm	4 New Years Resolution Lunch & Games 11-3pm	5 Day Group Fun 9-4 Happy Bday Beth & Curtis	6 Main E 1. 	7 Day Group Fun 9-4pm Movie 7-9pm Happy Bday Laura C & Melody H	8 JP New Years Party 6-9pm
9 Happy Bday Kristin W & Roderick	10 Day Group Fun 9-4pm	11 Mall & Lunch 11-3 pm Happy Bday Laronda	12 Day Group Fun 9-4pm	13 Cookout & Fun 11-3 Happy Bday Clinton, Corbin, Holly H, JayJ, Russ & Sarah A	14 Day Group Fun 9-4 Movie 7-9 Happy Bday Alex P, Chef Heather & John B	15 Studio Movie Grill 11-2 Happy Bday Kristen & Kieran B
16 Happy Bday Derek R 	17 Day Group Fun 9-4pm Happy Bday Keke	18 Lilburn Art Center 12-2pm	19 Day Group Fun 9-4 ILP Meeting 6-9 pm Happy Bday Morgan M	20 Day of Beauty & Pizza 11-3pm <i>Be Happy!</i>	21 Day Group Fun 9-4 Movie 7-9	22 Bingo & Burgers 5-8pm Happy Bday Allison G & Julie D
23	24 Day Group Fun 9-4pm MH Group 6-8pm	25 Kahoot & Sundaes 11-3pm Happy Bday Brett W, David M & Randall	26 Day Group Fun 9-4pm Happy Bday Avery, Beldon, Hayley & Thomas O	27 Chinese Buffet 11-3pm Happy Bday Natalie J	28 Day Group Fun 9-4 Special Olympics TBA Happy Bday Bran & Michelle G	29 Special Olympic Winter Games TBA
30	31 Day Group Fun 9-4pm Happy Bday Tiffney & Brittany	<div>"JUST" PEOPLE, INC.</div> <div>WELCOME TO JANUARY 2022</div>				

"JUST" PEOPLE, INC.
JANUARY 2022 NEWSLETTER

HAPPY JANUARY BIRTHDAYS
TO THE FOLLOWING:

Jan 2nd	Deangelo Flamer
Jan 5th	Beth Stone
Jan 5th	Curtis Baldwin
Jan 7th	Melody Hiatt
Jan 7th	Laura Coffman
Jan 9th	Kristin Wagener
Jan 9th	Roderick King
Jan. 11th	Laronda Moore
Jan. 13th	Clinton McKinney
Jan. 13th	Corbin McKinnon
Jan. 13th	Holly Hedgecock
Jan. 13th	JayJ Jackson
Jan. 13th	Russ Chorba
Jan. 13th	Sarah Adams
Jan. 14th	Alex Proctor
Jan. 14th	Chef Heather
Jan. 14th	Jon Biasini
Jan. 15th	Kieran Brown
Jan. 15th	Kristen Brown
Jan. 16th	Derek Roeder
Jan. 17th	Keke Sims
Jan. 19th	Morgan McGrane
Jan. 22nd	Allison Gee
Jan. 22nd	Julie Doyal
Jan. 25th	Brett White
Jan. 25th	David Mitchell
Jan. 25th	Randall Haney
Jan. 26th	Avery Klatt
Jan. 26th	Beldon Hill
Jan. 26th	Hayley Bradfield
Jan. 26th	Thomas Oshaughnessy
Jan. 27th	Natalie Johnson
Jan. 28th	Bran Wood
Jan. 28th	Michelle Gipson
Jan. 31st	Brittany Minor
Jan. 31st	Tiffany Minor

WELCOME NEW
MEMBERS



Ameris Thomas
has joined the Day Program.

Debbie Carden has joined
the Day Program.

Jonathan Schmitt is super excited
to have finally joined ILP and
moved into Flowery
Branch this month.

Happy 2022 from
all of us to all of you!



THE 2022 TRIP UPDATES:

Well, COVID once again is
dictating our travel. We are on
a wait and see. Thank you to
everyone for their patience.



As soon as we have
confirmed travel
info, we will
distribute the info.

COMMUNITY INTEGRATION

Amy B enjoys trips to the nail salon and Walmart.

Julie D, Shivani & Julie D love to go the Dollar Store.

Melissa B likes to go eat at Taco Bell.

Letti went walking around the Mall.

Wesley enjoyed a meal at Jasons Deli.

Wally loved his time at the tennis clinic.

Chris has been crushing his goals at Jenny Craig.

Bran loves his weekly visits to Mcdonalds.

Michael S likes to walk around target.

Barry enjoyed his visit to NorthPoint Mall for CAI.

Dennis, Randy & Adrian love to go to church every Sunday.

Arman took a trip to Walmart.

Greg went to visit family.

Blake & Kristin like to go shopping at Target.

Holly enjoys bowling.

Annie & Paige enjoy relaxing at the library.

Ryan likes to go swimming for exercise.

Sarah is loving her dance classes.

Maria went shopping at Walmart.

Melanie enjoyed having her friends go celebrate her birthday with her family.

Kieran & Kristen went to get their hair done.

Bess went to get some new clothes at Fashion 10.

Elizabeth likes to go get her coffee at Starbucks.

Lindsey loved going to the basketball game with her family.

Alden went shopping at the Avalon.

Rosenator went to Cinco Mexican for lunch.

Frank & Theresa went to eat at Cracker Barrel.

Bill W enjoyed his birthday dinner with family.

Bryan L likes going tree shopping.

Brett A went to eat at Golden Corral.

Paula loves to seeing at Chaplains with Steven F.

Carey likes to go workout at LA Fitness.

Alex & Savannah enjoy spending time with their mom.

Cailin O went out to eat with her paretns.

Nate & Kerrie went shopping at Whole Foods.

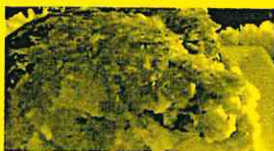
Lee enjoyed a visit to the Yellow River Sanctuary.

BREAKFAST RECIPES TO MAKE & SHARE

EGGNOG FRENCH TOAST BAKE

INGREDIENTS:

1/2 cup (1 stick) butter
1 cup packed brown sugar
2 tbsp maple syrup
1 loaf French bread cut into 1 inch cubes
Cinnamon Nutmeg 8 eggs
2 cups prepared eggnog 1 tsp vanilla



DIRECTIONS:

1. Grease 9x13 inch baking dish greased.
2. In a medium saucepan, melt butter over medium heat. Stir in brown sugar and maple syrup, continue stirring as mixture comes to a boil. Remove from heat and pour into prepared baking dish. Arrange the bread cubes over the brown sugar mixture. Sprinkle bread cubes with cinnamon and nutmeg.
3. In a large bowl, whisk the eggs and mix in the eggnog and vanilla. Evenly pour this custard mixture over the bread cubes. Press down lightly on the bread and make sure its all coated/soaked. Tightly cover baking dish with aluminum foil and refrigerate overnight (8 hours).
4. Remove the baking dish from the refrigerator. Preheat oven to 325. Bake, covered for 40 mins. Increase oven temperature to 375 and remove foil. Bake uncovered for 5-10 minutes.

OVERNIGHT SAUSAGE & EGG

INGREDIENTS:

6 slices bread, cubed
1 lb sausage, browned and drained
2 cups shredded cheddar cheese
8 large eggs 2 cups milk
1 tsp dry mustard 1 tsp salt & pepper

DIRECTIONS:

1. Spread the bread into the bottom of a greased 9x13 inch baking dish.
2. Sprinkle the sausage and cheese evenly over the bread.
3. In a large measuring cup, combine the eggs, milk, dry mustard, salt and pepper.
4. Pour the egg mixture evenly over the ingredients in the pan.
5. Cover & chill overnight.
6. Prior to baking, preheat the oven to 325. Bake 45-55 minutes. Cover loosely for 30 minutes and bake. Pull out, uncover and bake for another 25 minutes. Serve warm.

BLUEBERRY BANANA FRENCH TOAST BAKE

INGREDIENTS: 12 Hawaiian rolls 1 1/2 cups blueberries 2 bananas, sliced
4 large eggs 2/3 cup milk 1/4 cup maple syrup 1 tsp vanilla extract
1 tsp cinnamon 1/4 tsp nutmeg 1/4 cup flour 1/4 cup brown sugar
2 1/4 tbsp butter, cold, sliced

DIRECTIONS:

1. In a 9x13 casserole dish, layer a third of the bread pieces, a third of bananas and a third of blueberries, repeat layers until all ingredients are used. Set aside.
2. In a medium bowl, beat eggs and milk until thoroughly combined. Add maple syrup, vanilla, cinnamon and nutmeg. Continue stirring until everything is blended.
3. Pour egg mixture over bread layers, cover and refrigerate overnight.
4. Before baking mix flour, brown sugar and butter with a fork until clumps are pea sized.



RECIPES TO MAKE & SHARE

CHICKEN PARM CASSEROLE

INGREDIENTS:

- 12 oz uncooked ziti pasta
- 4 cups marinara sauce
- 3 cups shredded rotisserie chicken
- 8 oz shredded mozzarella
- 1/2 tsp crushed red pepper
- 1 cup panko breadcrumbs
- 1/2 cup grated parmesan cheese
- 2 tbsp chopped parsley
- 1 tbsp olive oil
- 1/2 tsp kosher salt
- 1/4 tsp black pepper



DIRECTIONS:

1. Preheat oven to 375. Cook pasta according to package for al dente pasta. Drain and rinse under cool water, set aside to drain.
2. Place marinara, shredded chicken, mozzarella and crushed red pepper in a large bowl.
3. Add pasta and toss gently to combine. Transfer to a 13x9 inch glass baking dish.
4. Stir together panko, parmesan, parsley, olive oil, salt and pepper in a small bowl and sprinkle evenly over pasta.
5. Bake in preheated oven until bubbly and topping is browned, about 35 minutes.

CREAM CHEESE CORN CASSEROLE

INGREDIENTS:

- 8 oz package cream cheese softened
- 4 tbsp butter
- 1/3 cup milk
- 1/2 tsp salt & pepper
- 18 oz bag frozen corn (thawed)
- Diced jalapenos
- 1 cup shredded sharp cheddar cheese



DIRECTIONS:

1. Preheat oven to 350 F. In a medium pot set over low heat, melt cream cheese and butter. Stir in milk until mixture is smooth and creamy. Stir in salt, corn and jalapenos.
2. Pour corn mixture into an 8x8 inch baking dish.
3. Sprinkle with grated cheddar. Bake 20 minutes.

CREAMY CHICKEN ALFREDO



INGREDIENTS:

- 6 oz pkg fresh baby spinach, chopped
- 1/3 cup refrigerated pesto sauce
- 15 oz jar alfredo sauce
- 1/4 cup chicken broth
- 12 oz uncooked penne pasta, cooked according to pkg
- 2 1/2 cups chopped rotisserie chicken
- 4 oz mozzarella cheese
- 2 tbsp sliced basil
- 1/4 tsp paprika

DIRECTIONS:

1. Preheat oven to 375. Toss together spinach and pesto in medium bowl.
2. Stir together alfredo sauce and chicken broth in another bowl. Spread 1/3 of alfredo mixture into a lightly greased 11x7 inch baking dish. Top with spinach mixture.
3. Stir together cooked pasta, chicken and remaining alfredo mixture, spoon half of chicken mixture over spinach mixture. Repeat layers once with remaining spinach mixture and chicken mixture.
4. Bake in preheated oven 30 minutes. Remove from oven and sprinkle with cheese. Return to oven and bake about 5 minutes. Top with basil and paprika.

MACARONI TUNA CASSEROLE

INGREDIENTS:

- 1 PACKAGE MAC AND CHEESE
- 1 CAN CREAM OF CELERY
- 1 5 OZ CAN TUNA, DRAINED, FLAKED
- 1 1/2 CUP WHOLE MILK
- 1 CUP SHREDDED CHEDDAR CHEESE



1. HEAT OVEN TO 350. PREPARE MAC AND CHEESE ACCORDING TO PACKAGE.
2. STIR IN SOUP, TUNA AND MILK. POUR INTO GREASED 2 QT BAKING DISH.
3. SPRINKLE WITH CHEESE.
4. BAKE UNCOVERED 20-25 MINUTES.



JAN 2022 ALL ACTIVITIES

JANUARY 1, 2022

HAPPY NEW YEARS FROM ALL OF
US TO ALL OF YOU!

TUESDAY, JANUARY 4TH
NY RESOLUTION & LUNCH
TIME: 11-3 PM COST: \$5.00

We will be making lots of traditional food for lunch and playing lots of New Years games. This is going to be a great day! Wear green or gold to celebrate. Lunch will be pork chops, greens, cornbread and black eyed peas! We will also be making a 1 year time capsule full of our resolutions for this year!

THURSDAY, JANUARY 6TH
MAIN EVENT

TIME: 11-3PM COST: \$25.

Lets head over to the Main Event for some pizza, an hour of unlimited games and bowling. This is always a super fun day! Make sure that you wear socks!



EVERY FRIDAY IN JANUARY
MOVIE NIGHT- ILP ONLY
TIME: 7-9 PM COST: \$5.00

We will be getting together to watch a new release at each property indoors during these cold months! You will get popcorn, a small candybar and a drink for the movie.

SATURDAY, JANUARY 8TH
NEW YEARS PARTY

TIME: 6-9 PM COST: \$15.00

Lets get ready to dance the night away at the JP Office and ring in this 2022. We will have lots of finger foods and desserts. We will also have drinks and dancing as we "ring in the new year together." Dress up and get ready for fun.



TUESDAY, JANUARY 11TH
MALL & LUNCH
TIME: 11-3PM
COST: \$10.00

It's time to GO TO THE MALL! This may very well be one of our favorite activities!

Isn't it fun that the mall brings us so much excitement every time? We will be eating lunch in the food court and then walking around the mall. This is a great time to spend gift cards or make holiday returns!



JANUARY ACTIVITIES CONTINUED.

THURSDAY, JANUARY 13TH

COOKOUT & FUN

TIME: 11-3 PM COST: \$5.00

Lets cookout burgers and hot dogs at the Office. We will have some really fun games planned with a New Year, New You theme!



Wear comfortable clothes and get ready to exercise, make crafts and get to know each other better!

SATURDAY, JANUARY 15TH

STUDIO MOVIE GRILL

TIME: 11-2 PM COST: \$20.00



Lets head over to Studio Movie Grill to watch one of the new movies that are out! We will be having lunch (pizza, chicken nuggets, salad or hamburger) and drinks followed by a round of popcorn. This is a COVID safe event as we rent out the entire theater.

TUESDAY, JANUARY 18TH

LILBURN ART CENTER

TIME: 12-2PM

COST: \$10.00



This has been so fun! Yall are just getting so crafty! Make sure you bring your lunch to eat before we leave.

WEDNESDAY, JANUARY 19TH

ILP MEETING

TIME: 6-9 PM COST: \$10.00

ILP has been so great! Everyone in ILP is encouraged to come and enjoy this meeting. We will be making announcements, celebrating birthdays and introducing new people. Awards will be given to the property with the highest % attending.

THURSDAY JANUARY 20TH

DAY OF BEAUTY & PIZZA

TIME: 11-3PM

COST: \$8.00



Lets do our 2022 first pictures and we will compare them to next years pictures and see how much we change in a year. Sign up for haircuts, makeup sessions, pedicures and hair styles. Special thank you to Get Foiled Hair Bar for always supporting JP on this special day.

SATURDAY, JANUARY 22ND

BINGO & BURGERS

TIME: 5-8 PM

COST: \$ 10.00



Lets do this! Time for some BINGO with an amazing dinner of Burgers, mac and cheese, beans and cole slaw. Nikki is in charge of this one so she may clean out some of the Christmas closet! There will be gift cards.

JANUARY 2021 ACTIVITIES:



MONDAY, JANUARY 24TH

MH GROUP

TIME: 6-8 PM

COST: \$5.00

We are going to order pizza and have MH at the JP office. This is a great meeting because we definitely need to support each other after the holidays. Sometimes holiday time with families can be very challenging and it is nice to know you are not alone. If you are not sure if you should be attending MH, please ask Natalie, Natalia, Nick or Becky.

TUESDAY, JANUARY 25TH

KAHOOT, SALAD BAR AND SUNDAES

TIME: 11-3 PM

COST: \$6.00



Kahoot is so much fun. We will have teams with the staff and lots of fun questions about JP members and staff on Kahoot! We will have a salad bar for lunch and a sundae bar for dessert. There will be prizes awarded and a cash prize of \$25.00 for the grand champion of the day!

THURSDAY, JANUARY 27TH



CHINESE BUFFET

TIME: 12-2 PM

COST: \$15.00

Lets head over to the Chinese Buffet for a day of lot s of food and fellowship. We will come back for a nice walk when we are done. Remember just because it is a buffet doesn't mean that you have to eat everything in sight.

FRIDAY, JANUARY 28TH-

SUNDAY, JANUARY 31ST

SPECIAL OLYMPICS

WINTER GAMES

COST: \$50.00

As of right now, we are planning on attending Special Olympic weekend. We are keeping an eye on things because we are nervous about

COVID

cancelling it

again. Packing lists will go out the Wednesday before.

Uniforms will also be passed out.





FAMILIES & FRIENDS ARE INVITED!

SATURDAY, FEB. 12TH AT 7 PM \$25 tickets

GEORGIA SWARM LACROSSE GAME TO BENEFIT JUST PEOPLE!

Cash Prizes to the Top 3 Members that sell the most tickets!

SCAN THE QR CODE OR CONTACT ED OR HAILEE TO SIGN UP!

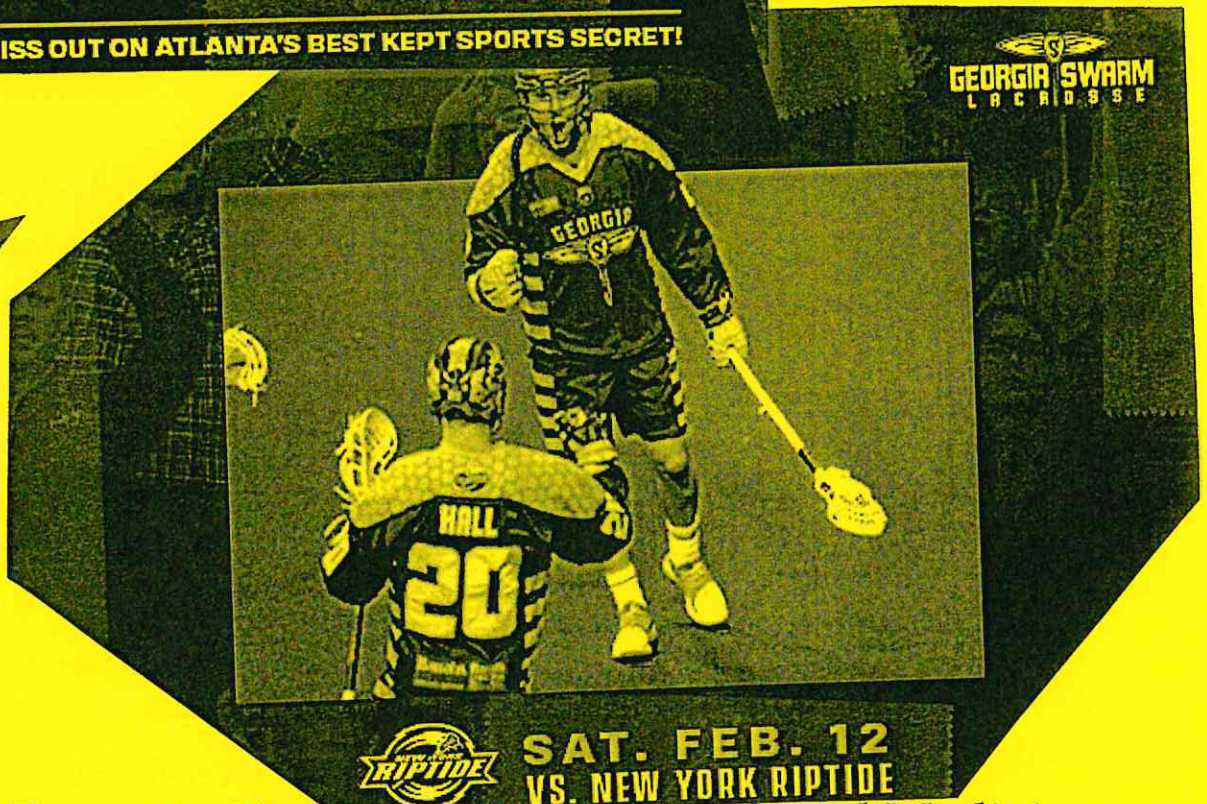
(Ed.shell@justpeople.org or Hailee.Miller@justpeople.org)

SCAN THE QR CODE TO CLAIM YOUR DISCOUNTED TICKETS!

"JUST" PEOPLE, INC.



DON'T MISS OUT ON ATLANTA'S BEST KEPT SPORTS SECRET!



Don't Forget to Find us and like us on Social Media!

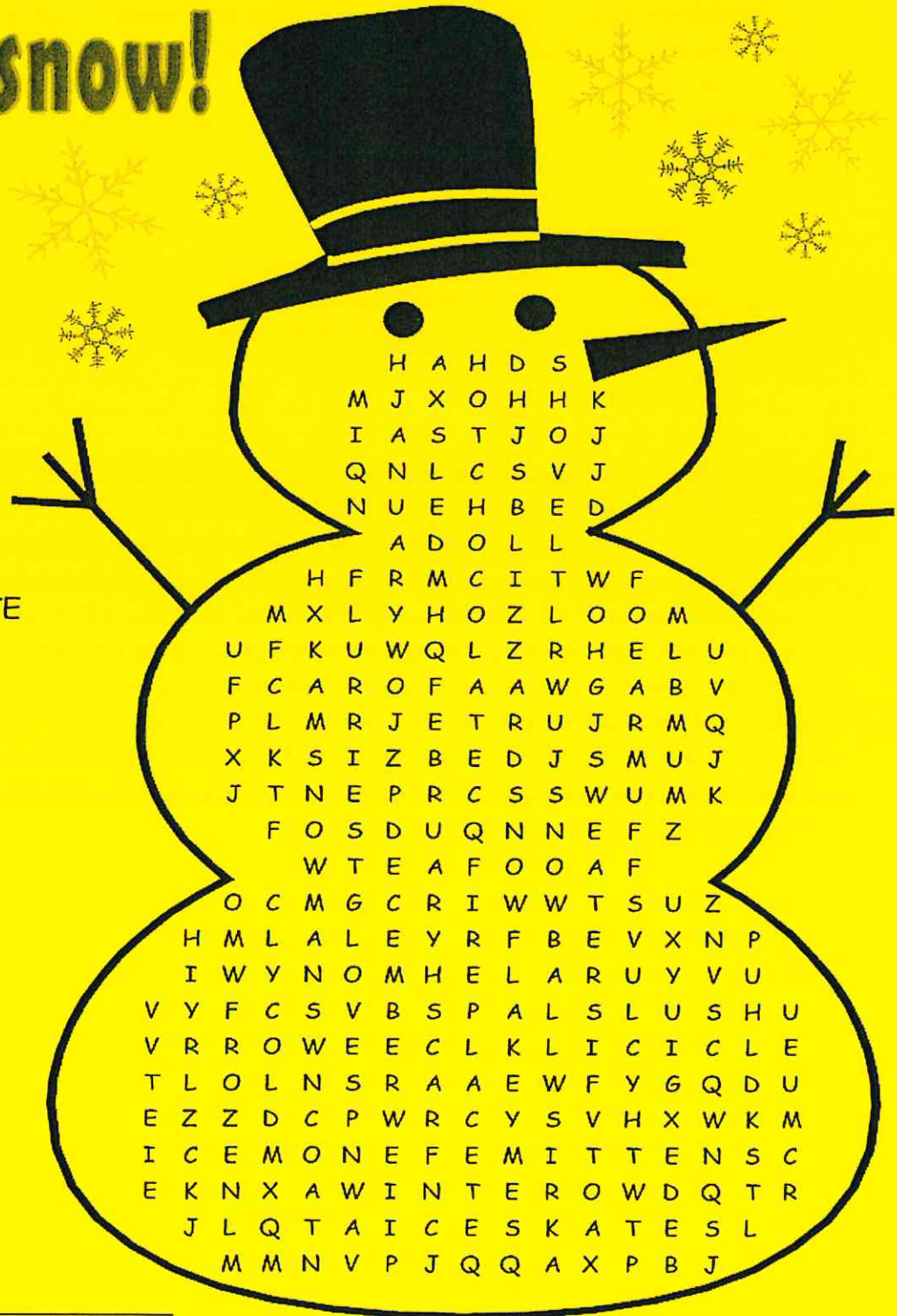


JANUARY 2022 WORD SEARCH

** TURN IN FOR \$5 OFF ANY ACTIVITY

Let it snow!

BLIZZARD
COAT
COLD
DECEMBER
EARMUFFS
FEBRUARY
FIREPLACE
FLURRIES
FROZEN
GLOVES
HOT CHOCOLATE
ICE
ICE SKATES
ICICLE
JANUARY
MITTENS
SCARF
SHOVEL
SLED
SLUSH
SNOWBALL
SNOWFLAKE
SNOWMAN
SWEATER
WINTER



Name: _____

Letter from the Director

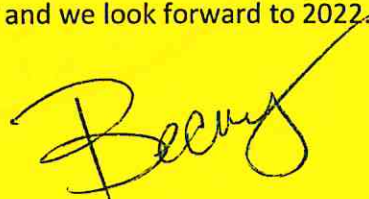
January 2022

Hi Everyone! I hope everyone had a wonderful, peaceful and Happy Christmas Weekend. I want to thank all of the families and friends that made donations to the Wish List. We were very successful in this drive and were able to fill all of the individuals wish list (within reason, that is.) We also were able to provide at least 1 gift and gift card to all of the members that were not able to go home. We were able to give every member of "JP" a great gift and acknowledge all of the staff. We were able to provide a great ILP Dinner for all the members that live with us and "thank" all of the staff helpers. Staff Helper is some one that helps members with mobility issues, get on and off the bus, carry their groceries in and assists new members to figure out the way of the land. They also help with set up and clean up at the office and on both properties when we have events and they help decorate the office/day program and both properties which we love to do. We also want to thank all of the individuals in the day program who help with unloading all the food, paper products and Bistro supplies when they arrive.

The Flu is going around and so is the Stomach Bug. We have asked the group to wear masks whenever they are out and around other people in the community and to stay home if they are feeling sick. Per the doctor at Wellstar (the one most of the group in Roswell see), Urgent Care and Dr. Mehta- unless they are running a temperature, they do not need to get tested- just stay in and drink plenty o fluids. We are trying to purchase some home tests but they are very hard to find and cost \$30..00 per box. Most doctors offices and drive thru stations can take up to 3 hours. This time of year we are running on a skeleton staff, so I am asking families to be patient. We are doing the best we can to get everyone what they need. But, we have staff who are sick or been exposed and we have several staff who have requested off during the holidays to be with their families and children. Its hard to approve their requests because we all work crazy hours and so time with family is very limited.

Another huge THANK YOU to Belle Hopkins and "Just" Families and Friends that have either monetarily donated, volunteered to help with meals or provided food for our Holiday dinners. The group really enjoys when families make a big deal over them and I like it because it lets the members that don't have anyone or don't go home know that they are important and still get to celebrate that season.

As always along with Kelli and all of the staff at JP, we want to thank all of the families and friends of "JP" for your support over the last year and we look forward to 2022.

A handwritten signature in black ink, appearing to read "Becky", with a long, sweeping flourish extending upwards and to the right.