




"JUST" PEOPLE, INC.

SEPTEMBER 2021 NEWSLETTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>SIGN UP FOR REMIND & GET TEXT UPDATES!</p> <p>TEXT @BECKYSAID TO 81010</p> <p>PARENTS/FAMILY MEMBERS - P</p> <p>JP MEMBERS - S</p> <p>JP EMPLOYEES - T</p>			<p>1 DAY GROUP FUN ZOOM 2-3PM SPORTS 6-8PM</p> <p>HAPPY BDAY BECKY, BRAD M, MARK S & MITCH</p>	<p>2 DAY OF BEAUTY 11-3PM</p> <p>HAPPY BDAY ROB M & DREW K</p>	<p>3 DAY GROUP FUN 9-4PM ZOOM 2-3PM MOVIE 7-9PM</p> <p>HAPPY BDAY ERIC W</p>	<p>4 MOVIE 11:30-2:30PM</p>
<p>5 HAPPY BDAY PAUL G</p> 	<p>6 LABOR DAY OFFICE CLOSED</p> <p>HAPPY BDAY AMANDA S</p>	<p>7 LUNAR PUTT PUTT 11-3 PM EXERCISE 5-6</p>	<p>8 DAY GROUP FUN 9-4PM SPORTS 6-8 PM ZOOM 2-3PM</p> <p>HAPPY BDAY LANCE & DARREN J</p>	<p>9 POOL PARTY 11-3 PM</p> <p>HAPPY BDAY SCOTT W & TONYA M</p>	<p>10 DAY GROUP FUN 9-4PM ZOOM 2-3PM MOVIE 7-9PM</p>	<p>11 SOFTBALL 9-12PM BINGO & BURGERS 6-9 PM HAPPY BDAY TERRANCE</p>
<p>12 HAPPY BDAY CANDICE R</p>	<p>13 DAY GROUP FUN 9-4PM ZOOM 2-3PM</p> <p>HAPPY BDAY CINDY R</p>	<p>14 MAIN EVENT 11-3 PM</p> <p>MH GROUP 7-9 PM</p> <p>EXERCISE 5-6</p>	<p>15 DAY GROUP FUN 9-4PM ZOOM 2-3PM SPORTS 6-8 PM</p>	<p>16 AGAVERO 11-2PM HAPPY BDAY CHRIS W</p> 	<p>17 DAY GROUP FUN 9-4PM ZOOM 2-3PM MOVIE 7-9PM</p> <p>HAPPY BDAY NIKKI R & ALI J</p>	<p>18 MALL OF GA CONCERT, DINNER & MOVIE 6-10 PM</p>
<p>19</p>	<p>20 DAY GROUP FUN 9-4PM ZOOM 2-3PM</p>	<p>21 LILBURN ART CENTER 11-2 PM EXERCISE 5-6</p>	<p>22 DAY GROUP FUN 9-4PM ZOOM 2-3PM ILP 6-9 PM 1ST DAY OF FALL</p>	<p>23 FALL CRAFT & PAINT 11-3 PM</p>	<p>24 DAY GROUP FUN 9-4PM ZOOM 2-3PM DISNEY ON ICE 10-1:30PM HAPPY BDAY BRIAN M & ANDI SHEA L</p>	<p>25 SOFTBALL & STEVIE B'S (WATCHERS WELCOME) 8-3PM HAPPY BDAY CAILIN O</p>
<p>26</p> 	<p>27 DAY GROUP FUN 9-4PM ZOOM 2-3PM</p>	<p>28 ATLANTA HISTORY 11-3 PM EXERCISE 5-6 HAPPY BDAY VIRGINIA G</p>	<p>29 DAY GROUP FUN 9-4PM ZOOM 2-3PM HAPPY BDAY KELLY P</p>	<p>30 MALL & LUNCH 11-3PM HAPPY BDAY ALISSA E</p>		

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HAPPY SEPTEMBER BIRTHDAYS TO THE FOLLOWING:

Sept. 1st	Becky Dowling
Sept. 1st	Brad Myers
Sept. 1st	Mark Sheridan
Sept. 1st	Mitch Mayton
Sept. 2nd	Drew Krueger
Sept. 2nd	Rob Mitchell
Sept. 3rd	Eric Ward
Sept. 5th	Paul Griffing
Sept. 6th	Amanda Southall
Sept. 8th	Lance Johnson
Sept. 8th	Darren Jones
Sept. 9th	Scott Wallace
Sept. 9th	Tonya Mason
Sept. 11th	Terrance Cooper
Sept. 12th	Candice Ragland
Sept. 13th	Cindy Ruwoldt
Sept. 16th	Chris West
Sept. 17th	Ali Jasem
Sept. 17th	Nikki Ross
Sept. 19th	Athina Evans
Sept. 19th	Barry Day
Sept. 24th	Brian Montgomery
Sept. 24th	Andi Shea Lotempio
Sept. 25th	Cailin O'Connell
Sept. 28th	Virginia Gleaton
Sept. 29th	Kelly Peters



WELCOME NEW STAFF & NEW MEMBERS

New ILP Members in Hall

Paige Palmer– SILO

Eric Ward & Joel Berger
(roommates)

Jamie Bates with Anna Kate

Day Program

Michelle Gipson

Kent Swafford

Nicholas Uche

Kristin Wagener

Amy Christian

New Employees

Will Robertson, DDP and
case manager in Hall

Chance Louzolo– Case Manager
Assistant in Hall

VIP

Please make sure to complete the enclosed updated information sheet. You can also access it by opening your camera and toggle over this QR code.





Several members were excited to tell us about their raises at work. Congrats to Wally, Steven F, Troy S, Greg J & Chalyn on their new \$\$.

Jessica Rosen was featured on this month's Brewable on Facebook & Instagram for her job!

Michelle Hampton started working at Publix and got 2 positive comment cards and a raise.

Derrick S was awarded with tickets and a hat for excellent customer service.

Jennifer L celebrates 18 years at the hospital and got a raise.

Jon B celebrates 2 years at the Landmark Group.

Susan Stinson is now working with rescue dogs.

Michael S celebrates 3 years at Kroger.

Jon K celebrates 6 years at Top Golf.

Atagi celebrates 1 year at Fed Ex.

NEW JOBS!

Lana H got a job at Dicks Sporting Goods.



Kerrie Fox started working at TJ Maxx.

Carly C started working in the enclave.

Amanda S started working at Tommy Nobis and got a raise.

CONGRATULATIONS!

Beldon Hill became a Great Uncle for the 1st time.



Courtney Webb became an Aunt to Luca.

REMIND 101



We would like to be able to send quick messages to members, parents, everyone, etc. via text. The quicker everyone signs up—the quicker we can use this! Please text @beckysaid to 81010 to be included.

**Members select S
Family Members select P.**

DAY PROGRAM NEWS

Tons of fun stuff coming each day! Here are some highlights:

Monday

Tuesday

Wednesday

Thursday

Friday



1 Job Skills
Kahoot
Building Workshop
Mug Art
Cooking Class
ZOOM Bingo

2 Day of Beauty & Lunch
Dance Off
Creative Mind Club

3 Lucky Shoals Park
Wi Sports Challenge
Mug art
Cooking Class
ZOOMFit Frenzy
Music Club



6 Day Program
CLOSED
for Labor Day!

7 Lunar Putt Putt
Jenga Tournament
Magnet Art

8 Music Club
Hunter House Club
JPTime Capsule
Cooking Class
Job Skills
ZOOM Bingo

9 Pool Party
Movies
Coloring Contest

10 JPTime Capsule
Jenga Tournament
Wi Sports
Cooking Class
ZOOMFit Frenzy

13 Library Trip
Cooking Class
Tie Dye
ZOOM Kahoot
Gym Rats

14 Main Event & Lunch
Creative Mind Club



15 Building Workshop
Homemade Ice Cream
Cooking Class
Music Club
Job Skills
ZOOM Bingo

16 Agavero Mexican
Restaurant
Music Bingo

17 Magnet Art
Haunted House Club
Tie Dye
Wi Sports
Cooking Class
ZOOMFit Frenzy
Music Club

20 Art Fun
Jenga Tournament
ZOOM Kahoot
Gym Rats

21 Lilburn Art Center
Uno & Cards
Cupcake Decorating

22 String & Nail Art
Clothing Design
Haunted House Club
Job Skills
ZOOM Bingo

23 Halloween/ Fall
Paint & Art
Karaoke
Creative Mind Club

24 80s/90s dress up
Baking Class
Jenga Tournament
Wi Sports
Cooking Class
ZOOMFit Frenzy

27 Baking Class
Talent Show
Cooking Class
ZOOM Kahoot

28 Atlanta History
Museum
Creative Mind Club
Movies

29 Car Wash & Bake Sale
Garage Sale
Tie Dye
Art Sale
ZOOM Bingo

30 Mall & Lunch
Coloring Contest &
Word Search

B I N G O

14	24	44	53	68
7	28	31	54	73
2	26	★	51	67
3	22	39	57	75
9	20	37	50	71

DAY PROGRAM UPDATES:

Thank you for the donations-
our Day Program is getting
more awesome by the minute!

We are still looking for:

Video game systems

Games for Wii/Xbox

Chromebooks

Mouse pads/Mice

Tie Dye Kits

Tshirts

\$5/ \$10 Gift cards

Puzzles

New Board Games

THE JP "ACADEMY" AWARDS

HIGH FLYERS

(over 30 days in the classroom)

Barry D Regina C Carey S

Nate R Jimmy M Wesley P

Brett A Cindy R

PACKET PROS

(Huge stacks of paper & pen work)

Paula C Kerrie F Katie L

Jeremy C Ellen B Ann H

Katy W Lisa K

RESEARCH RENEGADES

(Super researchers using Google)

Tony S John K Justin U

TECHNOLOGY GURU– Nate W

MOST IMPROVED– Wesley & Regina



OUR LATEST IDEA:

**As you may know, we have
a huge parking lot behind
our Day Program/Office.
We would like to transform
this to a usable outdoor
space for the group to
gather and enjoy.**

We would like :
Rock/sensory garden
Fountain area
Gazebo
Fire pit
Sports court
Batting cage



**If you are interested in
making a contribution or
know someone who may
have knowledge about
urban farming/parking lot
transformations, please
reach out!**

**Donations can be sent to
the JP Office.**

**Questions/contacts to
kelli.ivey@justpeople.org**

THANK YOU!



SEPTEMBER 2021 ACTIVITIES:

EVERY FRIDAY IN SEPTEMBER
ILP ONLY MOVIE

TIME: 7-9 PM

COST: \$5.00

Movie night on either property.
Includes a soda, popcorn and a small
candybar.

EVERY WEDNESDAY IN SEPTEMBER
SPORTS PRACTICE

TIME: 6-8 PM

COST: \$25.00 MONTHLY FEE

Becky will make sure that you get
dinner after practice– If you want
ChickFilA– please bring \$7.00 cash and
let Becky know you are ordering.

SATURDAY, SEPTEMBER 4TH
AFTERNOON MOVIE & LUNCH

TIME: 11:30-2:30 PM

COST: \$18.00

Lets head over to Studio Movie Grill to
see the new Marvel movie, “Shang-10
and the Legend of the Ten Rings” in our
own theater. We will have lunch at the
theater– you will have a choice of a
burger, salad, chicken fingers, pizza or a
hot dog and fries and a drink. We will also
have popcorn. This is a nice, COVID
friendly day and a great flick!

SATURDAY, SEPTEMBER 11TH
SOFTBALL GAMES

TIME: 9AM-12 PM

Concession stands will be open– please
bring cash if you think you will be hungry.

SATURDAY, SEPTEMBER 11TH
BINGO & BURGERS

TIME: 6-9PM

COST: \$10.00

Its one of our favorites–
especially during COVID
Craziness. Lets meet up at the
office and play several games of
Bingo. We will have plenty of
gift cards, \$\$ off certificates and
other cool prizes. (We are going
to grab some fun prizes from
Five Below.)

TUESDAY, SEPTEMBER 14TH

MH GROUP

TIME: 7-9 PM COST: \$10.00

LETS ORDER OLIVE GARDEN AND EAT AT THE OFFICE.
WE WILL SPEND TIME CHATTING ABOUT DIFFERENT
THINGS. THIS GROUP IS FOR THOSE WITH A MENTAL
HEALTH DIAGNOSIS. IF YOU AREN'T SURE IF YOU ARE
ABLE TO ATTEND– PLEASE CHECK WITH NICK,
NATALIE OR BECKY.



SEPTEMBER
15TH
YOM KIPPUR
BEGINS

SEPTEMBER 2021 ACTIVITIES CONTINUED:

SATURDAY, SEPTEMBER 18TH

**MALL OF GEORGIA DINNER,
CONCERT & MOVIE
TIME: 6-10 PM**



FINALLY! ONE OF OUR FAVORITES IS BACK! LAST YEAR IT DIDN'T HAPPEN BECAUSE OF COVID- BUT IT LOOKS LIKE ITS BACK ON. THIS IS AN OUTDOOR ACTIVITY- AND ITS SO FUN! WE WILL ORDER DINNER IN THE FOOD COURT AND THEN FIND OUR PLACE ON THE LAWN FOR A LIVE CONCERT, DANCING AND THEN THE MOVIE "WAR WITH GRANDPA." PLEASE BRING A CHAIR AND DRESS FOR THE WEATHER! BRING A MASK FOR WHEN WE GO INSIDE TO ORDER FOOD.

**WEDNESDAY, SEPTEMBER 22ND
ILP MEETING**

TIME: 6-9 PM COST: \$5.00

Lets have some BBQ sandwiches, baked beans, corn and oven roasted potatoes to celebrate the 1st day of Fall. We will introduce new people, make announcements and celebrate birthdays.



SATURDAY, SEPTEMBER 25TH

**SOFTBALL & STEVIE BS
(WATCHERS WELCOME)
TIME: 8AM-3PM
COST: \$7.00**



We will have our last fun softball day of the season- all 3 teams will be playing and watchers are invited to come and cheer us on. Watchers- you may want to bring a chair, bleachers are limited. We will be stopping at Stevie B's for pizza after the games for lunch. Please make sure to apply sunscreen and drink plenty of water.

SAVE THE DATE!

**Saturday, October 30th
JP's Annual Halloween
Party**



**Sunday,
Dec. 5th
JP's Annual
Holiday Open House**

RECIPES TO MAKE & SHARE

WEEKNIGHT LASAGNA TOSS



INGREDIENTS:

- 1 lb ground beef
- 1 jar classico tomato & basil sauce
- 1 2/3 cups water
- 1/4 cup Zesty Italian dressing
- 2 green peppers, chopped
- 3 cloves garlic, minced
- 12 oven ready lasagna noodles, broken into 4 pieces
- 1 cup mozzarella cheese

DIRECTIONS:

1. Brown meat in large saucepan, drain.
2. Add next 5 ingredients, mix well. Bring to a boil. Stir in noodles, cover.
3. Cook on medium-low heat 10 to 15 minutes or until noodles are tender, stirring occasionally.
4. Remove from heat. Sprinkle with cheese, cover. Let stand 5 mins.

STOVE TOP CHICKEN BAKE

INGREDIENTS:

- 1 2/3 cups hot water
- 6 oz Stove Top Stuffing mix for chicken
- 1 1/2 lb boneless, skinless chicken breasts, cut into bite size pieces
- 1 can cream of condensed mushroom soup
- 1/3 cup sour cream

DIRECTIONS:

1. Heat oven to 400 F.
2. Add hot water to stuffing mix, just until moistened.
3. Place chicken in 13x9 inch dish.
4. Mix soup and sour cream until blended, pour over chicken. Top with stuffing.
5. Bake 30 minutes.

MEXICAN BEEF & RICE CASSEROLE

INGREDIENTS:

- 1 lb ground beef
- 1 1/2 cups Mexican style shredded cheese
- 1 pkg taco seasoning mix
- 1 cup long grain white rice, uncooked
- 1 cup frozen mixed veggies
- 1 can diced tomatoes, undrained
- 1 cup thick & chunky medium salsa
- 1 cup chicken broth

DIRECTIONS:

1. Heat oven to 375.
2. Brown meat in large nonstick skillet, return meat to skillet.
3. Reserve 1 cup cheese. Add remaining cheese and all remaining ingredients to meat, mix well.
4. Spoon into 13x9 inch baking dish sprayed with cooking spray, cover.
5. Bake 45 minutes, top with reserved cheese, bake uncovered 5 minutes.

LAYERED MEATBALL BAKE

INGREDIENTS:

- 1 pkg stuffing mix for chicken
- 1 can cream of mushroom soup
- 1/4 cup milk
- 12 oz pkg frozen cooked meatballs
- 2 cups frozen peas
- 1 cup shredded cheddar cheese



DIRECTIONS:

1. Heat oven to 400 F.
2. Prepare stuffing as directed.
3. Mix soup and milk in 13x9 inch baking dish, sprayed with cooking spray. Stir in meatballs and peas, top with cheese and stuffing.
4. Bake 20-25 minutes.

MORE RECIPES TO MAKE & SHARE

EASY PIEROGI CASSEROLE



INGREDIENTS:

- 1 Pkg (24 oz) Ore-ida Steam & Mash cut russet potatoes
- 9 lasagna noodles
- 1/2 cup Philadelphia chive and onion cream cheese spread
- 6 green onions, thinly sliced
- 8 oz Kraft shredded triple cheddar cheese
- 1 pkg (3oz) real bacon bits

DIRECTIONS:

1. Heat oven to 375.
2. Prepare potatoes as directed on package, Meanwhile, cook the noodles.
3. Combine potatoes, cream cheese spread, onions, 1/2 cup bacon and 1 cup cheddar.
4. Drain noodles. Place 3 noodles in 13x9 inch baking dish sprayed with cooking spray, cover with 1/3 of the potato mixture.
5. Repeat layers twice. Top with remaining cheddar and bacon, cover.
6. Bake 33-35 mins, uncovering for last 5 minutes. Let stand 10 minutes before serving.

MEATBALL PIZZA CASSEROLE

INGREDIENTS:

- 1 bag fully cooked meatballs
- 2 cans refrigerated thin crust pizza dough
- 1 jar pizza sauce
- 1/2 cup green peppers, chopped
- 1 1/2 cups mozzarella cheese
- 1/4 cup grated parmesan cheese

DIRECTIONS:

1. Heat oven to 400.
2. Prepare meatballs according to package.
3. Unroll 1 pizza crust and press lightly on-to bottom of 13x9 inch pan sprayed with cooking spray, spread with half the pizza sauce. Top with meatballs, arranging in 4 rows of 6 meatballs each.
4. Cover with remaining sauce, top with peppers, shredded cheese and parmesan.
5. Unroll remaining pizza dough, place over pizza. Pierce with large fork at 3 inch intervals to allow steam to escape.
6. Bake 20 minutes..

BUTTER BATH CHICKEN THIGHS

(Submitted by Michelle Hampton)

INGREDIENTS:

- 6 bone in, skin on chicken thighs
- 1/3 cup sweet Baby Rays BBQ sauce

- 1/3 cup parkay margarine
- 1 tbsp salt
- 1 tbsp black pepper

DIRECTIONS:

1. Trim excess fat and skin from chicken thighs while also removing the vein from near the bone.
2. Spread the parkay evenly into an aluminum foil pan.
3. Place the chicken thighs into the pan with the skin side down.
4. Season the meat side of the thighs with salt and pepper.
5. Cook for 40 minutes on 325. Cut in center to make sure chicken is cooked through.





HANGING IN THE COMMUNITY

Troy S
loves to go to
Gamestop.

Melody went to
Brusters

Laura & Jenny went
to Cheeseburger
Bobbys.

Steven F went to
Red Lobster.

Anna Kate went
shopping at Target.

Victoria & Josh were
able to spend some
time with her sister.

Marlin & Clinton took
a drive thru
ChickFilA.

Katie & Thomas
went to Red Lobster
for Thomas's mom's
birthday .

Cole loves to get his
tea at Homerun
Nutrition.

Lauren & Steven
went out to dinner at
Juicy Crab for her
birthday.

Russ C went to a
wedding in
Connecticut.

Kasey enjoyed a treat
at Great American
Cookie.

Sarah A went to the
Alanis concert.

Jeff Nolan went to
Chilis with his
brother.

Ian went to Florida
with his sister.

Carly & Alden got
their nails done.

Mike H went to
church with his
family.

Paula enjoyed a trip
with her family.

Brett A went out
with his girlfriend.

Holly took a trip to
the beach with
family.

Savannah & Alex
went to wat at the
Buffet.

Carey says she likes
losing weight at
Jenny Craig.

Ray & Casey went to
the Flea Market
with their parents.

Regina had a nice
dinner at Longhorns.

Cindy R enjoyed
shopping at Five
Below.

Dean likes eating at
the Dawg House.

Kerrie & Nate had
dinner at Little Ally
Steakhouse.

Jessica R enjoyed
Ippolittos.

Paige likes to walk at
the Mall of GA.

Chris & Bess went
out to dinner for
their anniversary.

Letty had a nice time
at the Jamaican
Restaurant.

Robert & Tahj went
to Taco Bell.

Justin loves shopping
at Target.

Julie, Amanda &
Wesley went to
church.

Atagi went shopping
with Becky.

Arman spent time
with his mom.

Scott had a nice lunch
at Waffle House.

Pete likes to go
workout at the gym.

Theresa & Frank
went to IHOP.

David enjoyed hanging
out for a few days
with his dad.

Brian M likes going
out with his dad.

John K went to
Longhorn with his
family.

Candy visited with
family in Brunswick.

30 members enjoyed
a day of Cornhole
with the Atlanta
Falcons.

Michael L went to
eat at the Branch
House.



Letter from the Director:

September 2021

Hi Everyone! I have been excited about this calming down about Covid, but it looks like we need to put our guard back up. We have done a great job and I want us to keep it up. We have been very fortunate to have made it this far. Thanks to the Staff for following our Covid Protocol and the Group for being so cooperative with us. We are asking that all individuals that have not been vaccinated wear their masks whenever they are out of their apartments. We have asked Staff that are not Vaccinated to wear their masks whenever they are at work and in the vehicles. We also would like any visitors to wear a mask if they have not been Vaccinated. Due to this new scare, we are going to try keep most of our community activities to a limit for a month or so and see how things go. We will still have our weekend activities but most of them will be at the Office for this month. The Day Program Activities don't seem to be an issue because it is during the week, kids are in school, so it is not crowded.

CRUISE 2022- We are planning a 10–12-day trip to Hawaii, spending 3 days in Oahu and 7 nights on a Holland American Cruise doing 4 other islands, 2 days are flying. This trip is coming in at \$4000.00 a person which includes the Flight, Cruise, Hotel, Transportation, Meals and Excursions. I will continue to try and raise funds to help individuals who have no family assistance. If you would like to sponsor someone that would be great, it's a donation so its Tax Deductible. We are also trying to raise additional funds for things we might have forgotten and have not been added into the cost. A \$500.00 deposit is due by the end of September and is refundable if the trip is cancelled. If you have monies left over from the cancelled trip that will be added towards this Trip. The trip dates are May 25th to June 4th, 2022.

The Holidays are coming up soon. So be watching the APP to keep up with dates and times. Our Halloween Party will be 30th. FYI - "Just" People's 26th Anniversary is Nov. 1st, I am really proud of all we have accomplished together in such a short time. Thanksgiving Dinner will be on the Properties, (on Thanksgiving Day) families should be getting a notice from Just Families about what is planned and needed for this Holiday as well as Christmas Eve and Christmas Day soon. Open House is scheduled for Dec. 4, at 2 to 5 PM at the Norcross Office. I hope this does not get changed its our favorite way to share are staff and individuals with all our families and friends. I am really looking forward to seeing everyone again. Again, thank you to everyone for all their support.

